



# FREE RANGE STORE

Free Range Meats & Meals-To-Go All Day

# PRODUCT LIST

## CHICKEN

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Whole Chicken	\$4.88/lb
Whole Chicken Cut Up	\$5.53/lb
Whole Smoked Chicken	\$12.24/lb
B/S Chicken Breast	\$12.68/lb
Bone-In Chicken Breast	\$10.00/lb
Chicken Stir-Fry	\$14.00/lb
Maple Smoked Chicken Breast	\$15.60/lb
Smoked Chicken Breast Deli	\$16.60/lb
Bone-In Chicken Thighs	\$5.01/lb
B/S Chicken Thighs	\$12.00/lb
Chicken Drums	\$4.55/lb
Smoked Chicken Drums	\$12.00/lb
Whole Chicken Legs	\$5.01/lb
Chicken Drum/Thigh Combo	\$6.21/lb
Split Chicken Wings	\$5.20/lb
Smoked Chicken Wings	\$15.00/lb
Ground Chicken	\$9.43/lb
Chicken Sausage	\$9.82/lb
Chicken Smokey	\$13.00/lb
Chicken Pepperoni	\$13.00/lb
Chicken Hearts	\$3.90/lb
Chicken Livers	\$3.90/lb
Chicken Necks	\$3.00/lb
Chicken Feet	\$3.00/lb
Chicken Carcasses	\$3.00/lb
Chicken Gizzards	\$7.50/lb

## TURKEY

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Whole Turkey	\$4.88/lb
Smoked Whole Turkey	\$12.24/lb
Boneless Turkey Breasts	\$12.68/lb
Bone-In Turkey Breasts	\$10.00/lb
Smoked Turkey Breasts Deli	\$16.60/lb
Boneless Turkey Breasts	\$11.05/lb
Bone-In Turkey Breasts	\$5.01/lb
Turkey Drum	\$4.55/lb
Smoked Turkey Drum	\$12.00/lb
Turkey Leg	\$5.01/lb
Turkey Wings	\$5.20/lb
Ground Turkey	\$9.43/lb
Turkey Hearts	\$3.90/lb
Turkey Liver	\$3.90/lb
Turkey Necks	\$3.00/lb
Turkey Carcasses	\$3.00/lb
Turkey Gizzards	\$7.50/lb

## LAMB

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Lamb Chops	\$14.99/lb
Ground Lamb	\$8.99/lb
Lamb Stew Meat	\$12.99/lb
Lamb-Whole Leg Boneless	\$15.99/lb
Lamb-Whole Leg Bone-In	\$10.99/lb
Lamb Shanks	\$9.99/lb
Lamb Whole Loin	\$11.00/lb
Lamb Whole Shoulder	\$9.00/lb
Rack of Lamb	\$14.30/lb
Lamb Hearts	\$3.00/lb
Lams Livers	\$3.50/lb
Lamb Tongues	\$3.00





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### BEEF

Beef Tenderloin Steak	\$23.00/lb
Beef Rib Eye Steak	\$20.50/lb
Beef Prim Rib Steak	\$14.99/lb
Beef Striploin Steak	\$15.50/lb
Beef T-Bone Steak	\$14.50/lb
Beef Top Sirloin Steak	\$10.99/lb
Beef Peppered Eye Steak	\$9.75/lb
Beef Prime Rib Roast	\$14.00/lb
Beef Bone-In Cross Rib Roast	\$7.50/lb
Beef Boneless Cross Rib Roast	\$8.50/lb
Beef Bone-In Blade Roast	\$5.29/lb
Beef Boneless Blade Roast	\$7.50/lb
Beef Sirloin Tip Roast	\$7.29/lb
Beef Eye of Round Roast	\$7.80/lb
Beef Stir Fry	\$9.00/lb
Lean Ground Beef	\$5.25/lb
Extra Lean Ground Beef	\$6.99/lb
Beef Patties	\$7.50/lb
Beef Boneless Stew	\$7.99/lb
Beef Shank Bones	\$7.80/lb
Beef Marrow Bones	\$5.25/lb
Beef Liver	\$4.00/lb

### PORK

Pork Shoulder Steak	\$4.99/lb
Fresh Pork Ham Steak	\$4.80/lb
Smoked Pork Ham Steak	\$7.30/lb
Bone-In Loin Chop	\$5.49/lb
Boneless Pork Centre Cut Chop	\$6.49/lb
Smoked Pork Chop	\$9.99/lb
Pork Shoulder Roast	\$5.20/lb
Pork Bone-In Loin Roast	\$5.49/lb
Pork Boneless Loin Roast	\$6.49/lb
Pork Smoked Ham Roast	\$6.00/lb
Pork Smoked Boneless Ham Roast	\$6.50/lb
Pork Belly Bacon	\$9.50/lb
Pork Back Bacon	\$12.00/lb
Pork Shoulder Bacon	\$12.00/lb
Ground Pork	\$4.50/lb
Pork Sausage	\$6.00/lb
Fresh Pork Ribs	\$7.00/lb
Fresh Pork Back Ribs	\$10.22/lb
Smoked Pork Ribs	\$15.00/lb
Smoked Pork Back Ribs	\$15.00/lb
Pork Hocks	\$2.50/lb

Deliveries made to HRM & Truro

Payments made through E-Transfer & Credit Cards

20% non-refundable deposit required on order over \$300.00

Prices may change without notice

Last Updated August 1, 2018